

Subject: Physical Education

Exam board: Edexcel

Exam information summary:

The course is split into four components. Two exam papers at the end of the course, three practical activities and one controlled assessment.

Component 1: Fitness and Body Systems

Written examination: 1 hour and 45 minutes

36% of the qualification

90 marks

Content overview

Topic 1: Applied Anatomy and Physiology

Topic 2: Movement Analysis

Topic 3: Physical Training

Topic 4: Use of Data

Assessment overview

The assessment consists of multiple-choice, short-answer, and extended writing questions.

Learners must answer all questions.

Calculators can be used in the examination

Component 2: Health and Performance

Written examination: 1 hour and 15 minutes

24% of the qualification

70 marks

Content overview;

Topic 1: Health, Fitness and Well-being

Topic 2: Sport Psychology

Topic 3: Socio-cultural Influences

Topic 4: Use of Data

Component 3: Practical Performance

30% of the qualification

105 marks (35 marks per activity)

Content overview;

Skills during individual and team activities

General performance skills

The assessment consists of learners completing **three** physical activities from a set list.

One must be a **team** activity.

One must be an **individual** activity.

The final activity can be a **free** choice.

Component 4: Personal Exercise Programme (PEP)

10% of the qualification

20 marks

Content overview;

Aim and planning analysis

Carrying out and monitoring the PEP

Evaluation of the PEP

Useful websites:

<http://www.bbc.co.uk/education/subjects/znyb4wx>

<http://www.teachpe.com/gcse.php>

<http://www.s-cool.co.uk/gcse/pe>

<https://www.brianmac.co.uk/>

Where can I find copies of past papers and mark schemes?

[http://qualifications.pearson.com/en/support/support-topics/exams/past-papers.html?Qualification-Family=GCSE&Qualification-Subject=Physical%20Education%20\(2009\)&Status=Pearson-UK:Status%2FLive&Specification-Code=Pearson-UK:Specification-Code%2F2PE01&Specification-Code=Pearson-UK:Specification-Code%2F2pe01&Exam-Series=June-2017](http://qualifications.pearson.com/en/support/support-topics/exams/past-papers.html?Qualification-Family=GCSE&Qualification-Subject=Physical%20Education%20(2009)&Status=Pearson-UK:Status%2FLive&Specification-Code=Pearson-UK:Specification-Code%2F2PE01&Specification-Code=Pearson-UK:Specification-Code%2F2pe01&Exam-Series=June-2017)

Useful revision guides:

All GCSE students are encouraged to purchase the following revision resources (available through parent pay);

- Revise Edexcel GCSE (9-1) Physical Education Revision Guide
- Revise Edexcel GCSE (9-1) Physical Education Revision Workbook

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